




## Pathways to Resilience in Women Experiencing Financial Disempowerment

Lucas. Fernandes<sup>1</sup> , Carmen. Sánchez<sup>2\*</sup> 

<sup>1</sup> Department of Psychology and Consulting, University of Brasília, Brasília, Brazil

<sup>2</sup> Department of Psychology, Complutense University of Madrid, Madrid, Spain

\* Corresponding author email address: carmen.sanchez@ucm.es

E d i t o r	R e v i e w e r s
Donatella Di Corrado  Associate Professor, Department of psychology, Kore University of Enna, Enna, Italy donatella.dicorrado@unikore.it	<b>Reviewer 1:</b> Mohsen Kachooei  Assistant Professor of Health Psychology, Department of Psychology, Humanities Faculty, University of Science and Culture, Tehran, Iran. kachooei.m@usc.ac.ir <b>Reviewer 2:</b> Mohammad Masoud Dayarian  Assistant Professor, Department of Counseling, Khomeinishahr Branch, Islamic Azad University. Komeinishar/Isfahan, Iran. dayarian@iaukhsh.ac.ir

### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

In the sentence “Women in low-income or economically precarious situations frequently mobilize a range of internal and external strategies...”, consider supporting the claim with more specific global statistics or cross-cultural comparisons to contextualize Spain’s case more robustly.

The discussion of spiritual anchoring lacks citation. Since this is a key coping mechanism, it should be integrated with previous literature on spirituality and resilience in economically marginalized populations.

The sentence “In some cases, participants also engaged in collective empowerment...” is significant. Please suggest what made these women different (e.g., higher education, social networks), which can be explored in future studies.

Authors revised the manuscript and uploaded the document.

#### 1.2. Reviewer 2

Reviewer:

The citation “(Ísis de Cássia Palheta da et al., 2021)” appears awkwardly inserted. Consider rephrasing to maintain syntactic clarity, e.g., “Research by Ísis de Cássia Palheta da and colleagues (2021) found...”.

The claim “Resilience also has critical implications for intimate relationships...” could be strengthened by incorporating an intersectional lens—how might financial disempowerment interact with ethnicity, disability, or migration status?

The sentence “Resilience involved not suppressing emotions, but learning how to live with and navigate them...” is insightful. Consider adding a comparison to existing emotion regulation models (e.g., Gross’s process model) to enhance theoretical grounding.

In the sentence “...resilience was often forged through resistance, withdrawal, or reorientation...”, you could enhance the argument by distinguishing “active” vs. “passive” relational resilience and noting any cultural norms specific to Spain.

While financial and bureaucratic navigation is well explained, the discussion would benefit from connecting the theme to structural theories, such as social capital theory or feminist economics.

Authors revised the manuscript and uploaded the document.

## 2. Revised

Editor’s decision: Accepted.

Editor in Chief’s decision: Accepted.