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Effectiveness of Interpersonal Psychotherapy on Relationship Satisfaction and Anxiety in Women with Rejection Sensitivity

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1. Round 1

1.1. Reviewer 1

Reviewer:

The sentence "Given the increasing prevalence of relational distress associated with RS..." would benefit from statistical data or prevalence rates to support the claim and highlight the public health relevance of the topic.

The values in the follow-up phase for relationship satisfaction (M = 113.45) are slightly lower than the post-test (M = 115.78), yet the authors describe the gains as "maintained." Consider stating explicitly that this reduction was not statistically significant, with p-values to support the interpretation.

Although p-values are provided for Bonferroni comparisons, confidence intervals for the mean differences would help readers better understand the precision of these estimates.

The sentence "IPT is an effective intervention for targeting the interpersonal and emotional difficulties associated with high RS..." could be improved by specifying the observed effect sizes for both outcomes, particularly given their impressively high η^2 values (.79 and .81).

While the authors cite studies on sexual dissatisfaction and relationship addiction, they could improve the integration by more directly linking these to the therapeutic implications of IPT rather than just summarizing RS literature.



Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The statement "These findings underscore the necessity of interventions that can simultaneously target internal emotional regulation and external interpersonal functioning..." could be strengthened by briefly summarizing which existing therapies have failed to address both domains, to justify the focus on IPT.

The claim "IPT is especially well-suited for individuals with RS..." would be more compelling if supported by a direct reference to a study demonstrating IPT's specific efficacy for RS, rather than general interpersonal difficulties.

The sentence "These findings supported the appropriateness of using repeated measures ANOVA..." could be strengthened by including the actual Shapiro-Wilk and Levene's test statistics for transparency.

The discussion of the cultural context of Latin American women is valuable, but lacks empirical support. Consider citing a culturally grounded study conducted in Mexico or Latin America that shows the relationship between gender norms and RS.

The sentence "IPT's person-centered approach...provides an effective means of addressing these complex interactions." is somewhat vague. Consider specifying what "complex interactions" refers to (e.g., anxious attachment leading to RS and impaired emotion regulation).

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.