




Comparison of Emotion-Focused Therapy and Acceptance and Commitment Therapy on Quality of Life, Pain Perception, and Trunk Muscle Endurance in Women with Hand Osteoarthritis

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E d i t o r	R e v i e w e r s
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1. Round 1

1.1. Reviewer 1

Reviewer:

The statement “Patients often describe sensations of burning, shooting, or intense pain...” is informative but lacks citation. Please add a recent source (e.g., systematic review or meta-analysis) on the qualitative nature of pain perception in osteoarthritis patients.

While it’s correct that violation of sphericity was addressed via Greenhouse-Geisser correction, the interpretation that "this assumption can be disregarded" because of equal group sizes is problematic. Please revise for statistical accuracy.

The table heading states “MANOVA Significance Test” but the design described is 3×2 repeated measures ANOVA. Please ensure consistency in terminology throughout.

“Emotion-Focused Therapy helped patients achieve greater social adjustment...” is a strong claim. Please add a citation or explain how social adjustment was measured or inferred in this study.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

You mention “Studies have shown that Emotion-Focused Therapy can reduce stress...” but only cite Lofstrand et al. (2024). Broaden the scope by including earlier seminal works by Greenberg or meta-analyses on EFT efficacy.

“Emotion-Focused Therapy and Acceptance and Commitment Therapy are both considered effective...” — this generalization would benefit from a direct comparison or review article to justify their selection over other therapies.

In the text preceding Table 1, consider integrating actual numbers or effect sizes to contextualize the “substantial improvement” mentioned. Descriptive commentary alone is insufficient for a peer-reviewed article.

In the follow-up results for quality of life, the difference between ACT and control is reported as not significant ($p = 0.550$), yet the conclusion section claims significant improvement in all variables. Please align interpretation with actual findings.

The sentence “Emotion-Focused Therapy... enabled clients to confront hidden emotions such as despair, anxiety, and worry...” would benefit from qualitative data or participant quotes to substantiate the therapeutic mechanism.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor’s decision: Accepted.

Editor in Chief’s decision: Accepted.