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# **KMAN Counseling & Psychology Nexus**

**OPEN PEER-REVIEW REPORT** 



# Clinical Implications for Childhood Psychological Trauma and Mental Illness

Eman. Tadros<sup>1\*</sup>, Nour. Daifallah<sup>2</sup>

\* Corresponding author email address: emantadros@gmail.com

Editor	Reviewers
Salahadin Lotfi®	Reviewer 1: Mohammadreza Zarbakhsh Bahri 🗓
PhD in Cognitive Psychology &	Associate Professor 'Department of Psychology, Tonekabon Branch, Islamic Azad
Neuroscience, UWM & Rogers	University, Tonekabon, Iran. Email: M.Zarbakhsh@Toniau.ac.ir
Behavioral Health Verified,	Reviewer 2: Seyed Ali Darbani
Lecturer at University of Wisconsin slotfi@uwm.edur	Assistant Professor, Department of Psychology and Counseling, South Tehran
	Branch, Islamic Azad University, Tehran, Iran.
	Email: Ali.darbani@iau.ac.ir

### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

The sentence "There is a complementary line of implication between those who suffer from childhood trauma and the correspondence between the development of mental illnesses" is somewhat unclear. Consider rephrasing for clarity, such as "There is a significant correlation between childhood trauma and the development of mental illnesses."

"He was also put on 30 mg of aripiprazole 600 mg of chlorpromazine 1000 mg of sodium divalproex and 4 mg of trihexyphenidyl daily." Ensure the dosages and medication regimen are realistic and supported by clinical guidelines or literature.

The sentence "An increase in fear guilt sadness shame or confusion are just a few of the emotional states children with PTSD face" should be revised for grammatical correctness, such as "Children with PTSD may experience increased fear, guilt, sadness, shame, or confusion."

Cognitive Behavioral Therapy, Paragraph 3: The citation "Meichenbaum 1977" seems outdated. Consider referencing more recent studies to support the effectiveness of CBT.

The statement "CBT has been effective in reducing PTSD in young victims of violence (Mariyati Mariyati et al. 2020)" should provide more detail on the study's methodology and findings for clarity.

Assistant Professor, Department of Marriage and Family Therapy, Syracuse University, Syracuse, New York, USA
<sup>2</sup> Governors State University, Illinois, USA



The claim "75% of children in the U.S. who are in need of these mental health services do not receive the care needed" requires a citation. Include a recent and relevant source.

Response: Revised and uploaded the manuscript.

#### 1.2. Reviewer 2

#### Reviewer:

The reference to "NAMH 2021" is mentioned multiple times without corresponding entries in the reference list. Ensure all in-text citations match the reference list.

"Children dealing with these mental health issues who have not healed pave the way for future generational trauma." This statement needs supporting references. Please provide citations to back up this claim.

The statistics provided (e.g., "12.7% for sexual abuse, 16.3% for physical neglect") are compelling but would benefit from more recent data if available. Verify the sources and consider updating.

The phrase "fictionalized scenario" should be clearly labeled at the beginning of the section to avoid confusion with actual case studies.

Cognitive Behavioral Therapy, Paragraph 2: The term "fluoxetine" should be mentioned with its more common brand name (e.g., Prozac) in parentheses for broader audience understanding.

The sentence "Potential efficacy shown in this case study has linked parental stress to potential abuse" should specify the case study being referenced for clarity.

"Poverty in the United States continues to grow with that comes poor health and an increase in psychological disorders" should be supported by data and references. Consider rephrasing for clarity, such as "The increasing poverty rates in the United States are associated with poor health outcomes and a rise in psychological disorders (Hodgkinson et al., 2017)."

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

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