

Understanding the Impact of Obsessive-Compulsive Personality Traits on the Management of Chronic Illness: A Phenomenological Study

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1. Round 1

1.1. Reviewer 1

Reviewer:

In the introduction, the distinction between OCD and OCPD is well-made. However, the reference to Mathews (2021) should be accompanied by a brief explanation of the key findings of this source to provide better context.

In the Methods and Materials section, more detail should be provided about the purposive sampling technique. Specify the criteria for selecting outpatient clinics, support groups, and online forums to ensure reproducibility and transparency.

The description of the semi-structured interview process should include examples of how interview questions were tailored to elicit detailed responses about both obsessive-compulsive traits and chronic illness management.

Clarify what is meant by "theoretical saturation." Provide a brief explanation of how the research team determined that no new themes were emerging.

The discussion should more explicitly integrate the study findings with the existing literature reviewed in the introduction. For example, compare and contrast your findings with those of Ahmari and Dougherty (2015).

The limitations section should explicitly state how the small sample size might affect the generalizability of the findings. Discuss any steps taken to mitigate this limitation, such as triangulation or member checking.

In the conclusion, when suggesting future research, provide more specific recommendations. For instance, suggest exploring the impact of different types of chronic illnesses or varying levels of obsessive-compulsive traits on illness management.

The implications for clinical practice are well-outlined, but consider adding a specific example of a tailored intervention, such as a brief description of how CBT can be adapted for individuals with obsessive-compulsive traits.

Ensure all figures and tables are clearly labeled and referenced in the text. The inclusion of a flowchart showing the research process from participant recruitment to data analysis would be beneficial.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The sentence "This study employs a phenomenological approach to delve into the lived experiences of individuals with chronic illnesses who exhibit obsessive-compulsive personality traits" could benefit from rephrasing for clarity: "This study uses a phenomenological approach to explore the lived experiences of individuals managing chronic illnesses who also exhibit obsessive-compulsive personality traits."

In the paragraph discussing Crane, Roberts, and Treasure (2007), the connection between obsessive-compulsive personality traits and anorexia nervosa is established. It would be helpful to include more details on how these traits specifically impact the management of anorexia to draw a parallel to chronic illness management.

In the results section, the demographic information is well-presented. However, adding a table to summarize participant characteristics (age, gender, chronic illness type, educational background) would enhance readability.

The subcategory "Resistance to Change" would benefit from a more detailed explanation. For example, include specific quotes from participants that illustrate their difficulty adapting to changes in routine.

The subcategory "Fear of Contamination" should be elaborated with examples that show the impact of this fear on participants' daily lives. Discuss how this fear affects their social interactions and mental health.

Under "Emotional Exhaustion," consider adding a discussion on how participants cope with this exhaustion. This could include coping mechanisms or support systems they rely on.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.