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## The Effectiveness of Active Music Therapy on Anxiety and Sleep Quality in Adolescents Aged 11-14 with Stargardt Disease

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#### 1. Round 1

#### 1.1. Reviewer 1

Reviewer: The paper is an important step in understanding and treating psychological issues in adolescents with Stargardt Disease, but could benefit from a broader discussion on its long-term impact and applications.

Research Novelty: The study introduces a novel approach to treating anxiety and sleep issues in a specific adolescent demographic, but could emphasize its innovative aspects more.

Interdisciplinary Contributions: Successfully integrates music therapy with adolescent healthcare, but more discussion on the interdisciplinary implications would be beneficial.

Empirical Strength: Provides credible evidence, yet a more varied sample could enhance the study's empirical robustness.

Clinical Implications: The study's practical applications are significant; elaborating on how these findings can be implemented in therapy would strengthen this section.





Theoretical Integration: Makes important contributions to music therapy and psychology, though further exploration of how these findings challenge or support existing theories would be advantageous.

Authors uploaded the revised manuscript.

### 1.2. Reviewer 2

Reviewer: The paper is a precious contribution to adolescent healthcare and music therapy research, though it would benefit from deeper analysis and broader implications.

- Include a brief mention of principal results and conclusions in the abstract.
- Expand on how previous research links these elements.
- Discuss the potential impact of a larger and more diverse sample.
- Provide a more detailed analysis of the implications of the findings.
- Offer more assertive interpretations and potential applications of the research.
- Propose detailed future research directions, including different therapy modalities or demographic groups.

Authors uploaded the revised manuscript.

#### 2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

