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Exploring Motivational Structures Underlying Persistence in Individuals With ADHD

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Editor	Reviewers
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1. Round 1

1.1. Reviewer 1

Reviewer:

The Introduction states "ADHD frequently persists into adolescence and adulthood, affecting approximately 2.5–5% of adults globally." Clarify whether these figures are based on DSM-5 criteria and add regional relevance (e.g., Asia or Thailand) since the study is conducted there.

In the paragraph "Executive functions such as working memory, planning, and inhibitory control provide the foundation for self-regulation...", the relationship between executive deficits and persistence is mentioned but not explicitly explained. Elaborate on how these deficits translate into motivational challenges.

The final Introduction paragraph states "there is still a significant knowledge gap regarding the motivational architecture...". Strengthen this by explicitly contrasting what is well established (quantitative Western data) with what is unknown (lived experience in non-Western cultures).

The sentence "A purposive sampling strategy was employed to recruit participants..." would be stronger if you describe how diversity was ensured (gender, ADHD presentation, socioeconomic factors) and how saturation was determined.

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The text says "Participants were required to have received an ADHD diagnosis from a licensed mental health professional." Specify if standardized tools or structured interviews were used to confirm the diagnosis rather than relying solely on self-report.

The section "An interview guide was developed based on a review of the literature and expert consultation..." would benefit from presenting example core interview questions to allow readers to evaluate coverage and depth.

In "All audio recordings were transcribed verbatim and, where necessary, translated into English while preserving cultural nuances," add details on who performed the translation and whether back-translation or quality checks were done to preserve meaning.

The demographic data (age, gender, occupation, education) are embedded in prose. Presenting them in a compact table with percentages and totals would make this section clearer and easier to interpret.

The current results present a rich three-theme structure but only in text and tables. Consider adding a conceptual figure showing how "internal drive," "external scaffolding," and "adaptive coping" interact.

The clinical implication "Clinicians should incorporate goal ownership, future-self visualization, and emotional self-monitoring into therapy..." could be elaborated with examples of culturally sensitive modules or therapeutic exercises that fit Thai collectivistic contexts.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

In the section "collectivistic values can encourage perseverance through social expectations and family responsibility," consider deepening the cultural analysis. Compare how collectivistic versus individualistic contexts shape persistence to strengthen the rationale for studying the Thai sample.

The paragraph "the rapid integration of digital technologies into daily life adds further complexity..." would benefit from more concrete, regionally relevant examples of digital tools either supporting or disrupting persistence among adults with ADHD.

Some sections, such as "Cultural Values and Norms," have only one or two direct participant quotes. Including more quotations or noting how many participants endorsed each subtheme would increase trustworthiness.

The paragraph "These findings add nuance to existing models by showing that motivational persistence..." would be stronger if explicitly connected to recognized motivation theories such as Self-Determination Theory or Temporal Motivation Theory.

The section "participants demonstrated organic use of technology..." could acknowledge potential downsides (digital distractions, overstimulation) to present a balanced discussion of technology as a motivational tool.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

