

## The Effectiveness of Cognitive-Behavioral Therapy (CBT) on Maladaptive Early Schemas and Symptoms of Obsessive-Compulsive Disorder (OCD)

Fatemeh. Pidad<sup>1</sup>, Mehdi. Ghasemi Motlagh<sup>2\*</sup>, Abdollah. Mafakheri<sup>3</sup>

<sup>1</sup> PhD Student, Department of Psychology, Bojnourd Branch, Islamic Azad University, Bojnourd, Iran

<sup>2</sup> Assistant Professor, Department of Psychology, Bojnord Branch, Islamic Azad University, Bojnord, Iran

<sup>3</sup> Assistant Professor, Department of Psychology, Payame Noor University, Tehran, Iran

\* Corresponding author email address: avestaps@yahoo.com

E d i t o r	R e v i e w e r s
Shahram Vahedi  Professor, Department of Educational Psychology, Faculty of Educational Sciences and Psychology, Tabriz University, Tabriz, Iran vahedi117@yahoo.com	<b>Reviewer 1:</b> Mehdi Rostami  Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: dr.mrostami@kmanresce.ca <b>Reviewer 2:</b> Farideh Dokanehi Fard  Associate Professor, Counseling Department, Roudehen Branch, Islamic Azad University, Roudehen, Iran. Email: f.dokaneifard@riau.ac.ir

### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

The phrase “Sexual satisfaction is achieved when partners' benefits exceed their expectations...” relies heavily on subjective interpretation. Clarify whether this conceptualization is based on a particular theoretical model, and cite it directly.

In Table 3, the reported power levels (e.g., 0.602, 0.379) are low, particularly for Transactional Analysis on sexual function. Comment on this limitation and consider increasing the sample size in future studies.

The control group has a higher pre-test mean in sexual function (25.85) than both experimental groups. Discuss possible selection bias or baseline discrepancies in participant characteristics.

In “There were no significant differences between the post-test and follow-up stages...”, state whether any participants dropped out between these time points and how this was handled statistically.

The large mean difference (7.26) in sexual satisfaction between mindfulness and transactional analysis should be contextualized with clinical significance, not just statistical difference.

While the therapeutic goals of TA are described, the actual mechanism by which TA improves sexual satisfaction in bipolar women is not made explicit. Add supporting theoretical framework or mechanisms of change.

Response: Revised and uploaded the manuscript.

### *1.2. Reviewer 2*

Reviewer:

The statement “Studies indicate that 40% of women experience sexual dysfunction...” should include the exact population sample characteristics, geographic region, and age group for precision.

The sentence “Based on available national research, this study is the first to compare...” makes a strong claim of novelty. This should be supported with a clear statement on the review method (e.g., database search, keywords used) to ensure validity.

The statement “Daily mindfulness practices proved beneficial in modifying scripts...” blends therapeutic effects without supporting evidence for a cross-integration of modalities. Clarify or provide citation for mindfulness impacting TA constructs.

The claim “Mindfulness techniques also foster self-compassion, kindness, and self-love...” is broad. Reference specific mechanisms by which these constructs affect sexual satisfaction.

Response: Revised and uploaded the manuscript.

## **2. Revised**

Editor’s decision after revisions: Accepted.

Editor in Chief’s decision: Accepted.