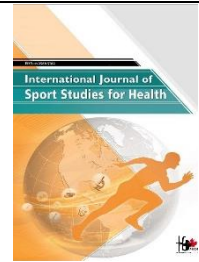




# International Journal of Sport Studies for Health

Journal Homepage






## Interactive Effect of Dispositional Mindfulness and Type of Attention Instruction on Movement-Specific Reinvestment Components and Basketball Shooting Performance Under Psychological Pressure

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E d i t o r	R e v i e w e r s
Hadi Nobari <sup>1</sup>  Professor, Transilvania University of Braşov, Braşov, Romania. <a href="mailto:petrojonck@hotmail.com">petrojonck@hotmail.com</a>	<b>Reviewer 1:</b> Seyed Mohammad Hosseini <sup>1</sup>  Assistant Professor, Department of Health and Rehabilitation in Sports, Shahid Beheshti University, Tehran, Iran. Email: <a href="mailto:moh_hosseini@sbu.ac.ir">moh_hosseini@sbu.ac.ir</a> <b>Reviewer 2:</b> Masoud Mirmoezi <sup>1</sup>  Department of Physical Education and Sport Sciences, Islamic Azad University, Central Tehran Branch, Tehran, Iran. Email: <a href="mailto:massoudmirmoezi@live.com">massoudmirmoezi@live.com</a>

### 1. Round 1

#### 1.1 Reviewer 1

Reviewer:

The introduction would benefit from better synthesis between the concept of reinvestment and the mechanisms of attentional focus. After discussing the Constrained Action Hypothesis (p. 3), clarify how this framework conceptually overlaps or diverges from the reinvestment model proposed by Masters (1992).

The inclusion of both mean and SD is appropriate, but the table mixes pre- and post-test data in a way that is difficult to compare across groups. Consider presenting change scores or effect sizes for each variable across conditions for clarity.

The sentence “mindfulness helps athletes reduce anxiety and stay present-focused...” (Discussion, paragraph 7) implies causation. Since the study is not longitudinal or experimental in nature regarding mindfulness traits, rephrase cautiously to reflect correlational findings.

Author revised the manuscript and uploaded the updated document.

## 1.2 Reviewer 2

Reviewer:

In the sentence “Chiu et al. (2019) demonstrated...” (p. 2), use consistent numerical referencing as used elsewhere or unify citation style throughout.

The final paragraph of the introduction lists hypotheses but lacks operational definitions. Define what constitutes “psychological pressure” and how “high” vs. “low” dispositional mindfulness was categorized (e.g., cut-off values).

While previous Cronbach's alpha coefficients are cited, internal consistency for the current study's sample is not reported. Please include reliability scores (e.g., Cronbach's alpha) based on this dataset.

Table 2 reports significance for all within-group t-tests, yet effect sizes are missing. Add Cohen's d or partial eta-squared to quantify the magnitude of observed effects.

The discussion predominantly cites supporting literature (e.g., Kee et al., Chiu et al.). Include at least one counterexample or conflicting study to demonstrate critical engagement with the literature (e.g., mindfulness backfiring under certain forms of stress).

Author revised the manuscript and uploaded the updated document.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.